



College of Tao Divinity Degree Program & The Associate of Divinity (AD) Degree in Integral Way Taoist Studies

The College of Tao (COT) is pleased to announce the initiation of the Divinity Degree Program (DDP) in Integral Way Taoist Studies. This program provides a structured path for those who wish to learn the Integral Way Taoist Tradition of self-cultivation as transmitted by the Ni Family.

Students learn about Taoist cosmology, the history of the Integral Way Tradition, the classics, the Heavenly Way of Virtue, energy theory, and Taoist methods of self-cultivation including the movement, meditation, & energy arts and practices of the Ni Family tradition.

The program provides valuable tools for following a Path of Constructive Life (PCL) and achieving the Five Healths (spiritual, mental, physical, moral, and financial) and certification from the COT's Chi Health Institute (CHI) to teach one or more of the Taoist movement and/or meditation arts of the Ni Family Tradition. Degree recipients will be well prepared to enter the COT Taoist Mentorship program if they choose.

The first degree to be offered will be the Associate of Divinity (AD) degree in Integral Way Taoist Studies. The AD degree requirements are:

- (1) Successful completion of 9 distance-learning courses, and
- (2) Certification in one Ni Family Movement or Meditation Art

Additional courses of study leading to other degrees are being planned for the future. All COT degrees are non-academic divinity degrees, as may be granted by religious institutions, and are only recognized by the College of Tao and other Ni Family organizations.

The AD degree in Integral Way Taoist Studies allows the recipient to conduct Integral Way study groups (for the AD coursework materials), assist others in learning about the Integral Way Tradition, and teach the Ni Family Taoist movement art for which he or she is certified. Students may now apply for the Associate of Divinity degree program and enroll in the seven open courses while the two remaining courses of the program are being completed.

All distance-learning courses are in self-study, pdf format. Dao-In, Eight Little Treasures, Self-Healing Qigong, and Taoist Meditation are the CHI certified arts that are recommended for distance-learners. These may be learned from the audiovisual materials and books available at www.taostar.com. Certification in these arts must be pursued through the Chi Health Institute. Alternatively, one may pursue certification in Taoist Meditation, Level 1 through COT's International Taoist Meditation Institute (ITMI).

To register as a student in the Associate of Divinity (AD) degree program in Integral Way Taoist Studies, submit the AD degree program application & appropriate fee. You may then enroll in any of the available open courses to begin. The required coursework is then submitted to the DDP for grading and the granting of credit towards the degree.

One may start the AD program anytime. For more information or to register in the AD program and enroll in the available classes, please send an email to contact.tao@gmail.com.



College of Tao

Associate of Divinity Degree in Integral Way Taoist Studies

Course Descriptions

1. The Complete Works of Lao Tzu

This course will cover the text *The Complete Works of Lao Tzu* (translation and elucidation by Master Hua-Ching Ni). This includes study of Lao Tzu's *Tao Teh Ching* (written around 500 BCE) and Master Ni's version of the "*Hua Hu Ching*" – which represents a brief summary of the education in the Integral Way Tradition that he received from his parents and their generation which includes teachings that can be traced back to Lao Tzu.

2. Stepping Stones for Spiritual Success

This course covers many of the general principles of the Integral Way Taoist Tradition. The text, *Stepping Stones for Spiritual Success* (by Hua-Ching Ni), invites us to unbind our minds. Master Ni has taken the best of the traditional teachings and has put them into contemporary language. *Stepping Stones* is a collection of short quotes, each one a nugget to enjoy and ponder.

3. The Key to Good Fortune

In this course, the text *The Key to Good Fortune: Refining Your Spirit* (By Master Hua-Ching Ni) offers you a practical way to connect with the Divine Truth of your being. Not only does it help you to recognize your mistakes and misunderstandings about life, it helps you to understand the danger of negative influences so that you can be guided to appreciate the whole truth. Only the truth will vitalize your root or life essence, while false beliefs, merely polish the leaves of your life tree. The work also contains three important Taoist treatises taken from China's ancient spiritual heritage. These treatises clearly show you how spiritual improvement can become an integral part of your life in order that you may genuinely realize a Heavenly life on Earth.

4. 8,000 Years of Wisdom, Book I

The text for this course, *8,000 Years of Wisdom, Book I*, was faithfully recorded from weekly gatherings with Master Hua-Ching Ni over a five year period. These informed and sometimes amusing talks cover a broad spectrum of practical as well as philosophical guidelines for living a Taoist spiritual life in modern times.

5. 8,000 Years of Wisdom, Book II

This course is based on the book *8000 Years of Wisdom, Book II*, which is a compilation of short readings from the *Tao Teh Ching* followed by questions from the audience about dreams, marriage, sexual vitality and pregnancy, to which Master Ni responds with his teachings of the Integral Way Taoist Tradition.

6. The Golden Message (COMING SOON!)

This course studies the summation of the teachings of Master Hua-Ching Ni by his sons, Drs. Daoshing and Maoshing Ni, in the book, *The Golden Message*. It helps the student understand the difference between the Integral Way Taoist Tradition and folk, religious Taoism. It also outlines the Self-Study Program and the various levels of study (Gold, Diamond, Crystal, Pearl, and Jade) of the Integral Way Tradition. It also discusses how to become a student, how to become a teacher; and how to become a follower of the Integral Way.

7. Attune Your Body with Dao-In

Self-cultivation is the central focus of the Integral Way Tradition. It involves not only intellectual study, but also practical movement arts to help refine one's energy. In this course, the student is introduced to the ancient Taoist practice of Dao-In – which is a series of exercises involving gentle movements combined with coordinated breathing. This art is practiced traditionally to achieve longevity and comes from the tradition of the Taoist immortals. The course texts include the book and DVD called *Attune Your Body with Dao-In* (by Master Hua-Ching Ni). Master Ni clearly and meticulously guides us through the Dao-In postures. These gentle movements can be done by almost anyone in almost any circumstance - gentle movements, meditative postures and massage nurture and invigorate personal energy.

8. Spiritual Messages From a Buffalo Rider

The buffalo rider has become a Taoist symbol of masters on their journey to awaken all people. In the course text, *Spiritual Messages From a Buffalo Rider*, Master Hua-Ching Ni discusses arts, achievement, fairies, balance, chi, freedom, strength, death, desire, meditation and dozens of other topics with his students around the world.

9. Introduction to the Integral Way Taoist Tradition (COMING SOON!)

This course covers the history of Taoism and helps the student to understand the place of the Integral Way Tradition within that context. Both, the traditional teachings of the history of Taoism as well as the modern academic understanding will be covered. The student will learn the difference between philosophical and popular/folk/religious Taoism and understand the ancient stream of Taoism that the Integral Way Tradition preserves and passes on.

College of Tao
DivinityDegree Program
13315 Washington Blvd Los Angeles,
CA 90066
email: college.tao@gmail.com



College of Tao

Integral Way Taoist Studies

Course Enrollment Form



I would like to enroll in the following courses* (check):

	<u>Cost</u>
<input type="checkbox"/> The Complete Works of Lao Tzu	\$75
<input type="checkbox"/> Stepping Stones to Spiritual Success	\$75
<input type="checkbox"/> The Key to Good Fortune	\$75
<input type="checkbox"/> 8,000 Years of Wisdom, Book I	\$75
<input type="checkbox"/> 8,000 Years of Wisdom, Book 2	\$75
<input type="checkbox"/> The Golden Message	COMING SOON
<input type="checkbox"/> Attune Your Body with Dao-In	\$75
<input type="checkbox"/> Spiritual Messages from a Buffalo Rider	\$75
<input type="checkbox"/> Introduction to Integral Way Taoist Tradition	COMING SOON

Total \$ _____

These courses are open to the general public. Enrollment in a course does not constitute enrollment in the Divinity Degree Program *for which there is a separate application.

Please print.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Country: _____ Postal Code: _____

Phone: (home) _____ (fax) _____ (other daytime #) _____

E-mail: _____

Are you currently certified as a CHI instructor? _____ yes _____ no

Are you a currently enrolled COT Taoist Mentor? _____ yes _____ no

Are you ordained as a Spiritual Coach of the Heavenly Way? _____ yes _____ no

Are you a member of the Sisters of the Heavenly Way? _____ yes _____ no

Are you a member of the Brothers of the Heavenly Way? _____ yes _____ no

Are you certified in InfiniChi? _____ yes _____ no

Are you certified as a PCL Life Coach? _____ yes _____ no

Course fees are payable in US dollars by a single check, money order, travelers check or bank draft to the "College of Tao" at the address below or see the "Instructions for Paying with PayPal" information sheet. This Course Enrollment form must be sent to the College of Tao along with your payment in order to be enrolled in the desired course(s).

Send your Course Enrollment Form and payment to:

College of Tao Divinity
Degree Program 13315
 Washington Blvd Los Angeles,
 CA 90066
 email: college.tao@gmail.com



College of Tao

Associate of Divinity Degree in Integral Way Taoist Studies

Program Application



Please print.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Country: _____ Postal Code: _____

Phone: (home) _____ (fax) _____ (other daytime #) _____

E-mail: _____

Date of Birth: _____ male _____ female

List any advanced degrees: _____

- Are you currently certified as a CHI instructor? _____ yes _____ no
- Are you a currently enrolled COT Taoist Mentor? _____ yes _____ no
- Are you ordained as a Spiritual Coach of the Heavenly Way? _____ yes _____ no
- Are you a member of the Sisters of the Heavenly Way? _____ yes _____ no
- Are you a member of the Brothers of the Heavenly Way? _____ yes _____ no
- Are you certified in InfiniChi? _____ yes _____ no
- Are you a certified Infinichi Life Coach? _____ yes _____ no
- Are you certified as a PCL Life Coach? _____ yes _____ no

Please briefly state your main reason for applying for this program: _____

Upon completion of the AD degree program requirements, I would like my name to appear on my diploma as:

(print name) _____

The application fee of \$50 is payable in US dollars by a single check, money order, travelers check or bank draft to the "College of Tao" or see the "Instructions for Paying with PayPal" information sheet. A "head and shoulder" photo of you is also required with this application.

I hereby certify that the foregoing information, and all enclosures, is true and correct. I agree to provide supporting documentation, if requested.

Signed: _____ Date: _____

Send completed application, course enrollment form (both pages) and payment to:

College of Tao
13315 Washington Blvd
Los Angeles, CA 90066
email: college.tao@gmail.com



Instructions for Paying with PayPal



You may pay for either your AD Degree Program Application fee and/or your desired course(s) with your credit card using our PayPal "Donate" button on the Welcome Page of the COT website.

Just click on the "Donate" button and on the first page fill in the information and indicate the total amount. Then, on the next page, click "Add Special Instructions for the Seller." This allows you to write us a message. In your message, please tell us what the amount of your donation is and exactly what it is for. For example, if you are applying for the Divinity Degree Program AND are enrolling in two courses at the same time, you could say:

"My \$200 donation includes \$50 for the Divinity Degree Program Application fee, \$75 for the "Complete Works of Lao Tzu" course, and \$75 for the "Stepping Stones for Spiritual Success" course."

If you are just enrolling for a course, you could say:

"My \$75 donation is for the course 'Complete Works of Lao Tzu.'"

If you are applying for the Divinity Degree Program, don't forget to fill out and send (or email) us your completed **Divinity Degree Program Application**.

If you are enrolling in a course, don't forget to fill out and send us your completed **Course Enrollment Form Enrollment**.

Note: The Intergral Way Studies courses are open to the general public. It is not necessary to be enrolled in the Divinity Degree Program in order to take a course.

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