



## College of Tao Divinity Degree Program & The Associate of Divinity (AD) Degree in Integral Way Taoist Studies

The College of Tao (COT) is pleased to announce the initiation of the Divinity Degree Program in Integral Way Taoist Studies. This program provides a structured path for those who wish to learn the Integral Way Taoist Tradition of self-cultivation as transmitted by the Ni Family.

Students will learn about Taoist cosmology, the history of the Integral Way Tradition, the classics, the Heavenly Way of Virtue, energy theory, and Taoist methods of self-cultivation including the movement, meditation, & energy arts and practices of the Ni Family tradition.

The program will provide valuable tools for following a Path of Constructive Life (PCL) and achieving the Five Healths (spiritual, mental, physical, moral, and financial) and certification from the COT's Chi Health Institute (CHI) to teach one or more of the Taoist movement and/or meditation arts of the Ni Family Tradition. Successful degree recipients will be enrolled as COT Taoist Mentors.

New courses of study will be offered leading to the awarding of Associate, Bachelor, Master, and Doctor of Divinity degrees in Integral Way Taoist Studies. Each degree will take approximately 1-2 years to complete depending on each student's pace.

The first degree to be offered will be the Associate of Divinity (AD) degree in Integral Way Taoist Studies. The prerequisites to enter this program are a high school diploma or GED equivalent. The AD degree requirements are:

- (1) Successful completion of 9 distance-learning courses, and
- (2) CHI certification in one Ni Family Movement or Meditation Art

The AD degree in Integral Way Taoist Studies will allow the mentor to conduct Integral Way study groups (for the AD coursework materials), assist others in learning about the Integral Way Tradition, and teach the Ni Family Taoist movement art for which he or she is certified. Students may now apply for the Associate of Divinity degree program and enroll in the first two available courses - which cover the texts *The Complete Works of Lao Tzu* and *Stepping Stones for Spiritual Success* by Hua-Ching Ni. Enrollment in the other 7 courses will open as they become available.

All academic courses are in self-study, distance learning, pdf format. Dao-In, Eight Little Treasures, Self-Healing Qigong, and Taoist Meditation are the CHI certified arts that are recommended for distance learners. These may be learned from the audiovisual materials and books available at [www.taostar.com](http://www.taostar.com).

To register as a student in the Associate of Divinity (AD) degree program in Integral Way Taoist Studies, submit the AD degree program application & appropriate fee. You may then enroll in either or both of the available courses to begin. The required coursework is then submitting to COT for grading and the granting of credit towards the degree.

Costs include AD program application fee (\$50), distance-learning courses (~\$75-100 each), CHI certification costs in a Ni Family movement or meditation art form (~\$250 - which includes application, instructor training intensive, practical exam, 1<sup>st</sup> year certification). Learning costs for the movement or meditation arts & course texts are separate and vary.

You may start the program anytime. For more information or to register in the AD program and enroll in the available classes, please send an email to [contact@collegeoftao.com](mailto:contact@collegeoftao.com).



# College of Tao

## Associate of Divinity Degree in Integral Way Taoist Studies

### Course Descriptions

#### **1. The Complete Works of Lao Tzu**

This course will cover the text *The Complete Works of Lao Tzu* (translation and elucidation by Master Hua-Ching Ni). This includes study of Lao Tzu's *Tao Teh Ching* (written around 500 BCE) and Master Ni's version of the "*Hua Hu Ching*" – which represents a brief summary of the education in the Integral Way Tradition that he received from his parents and their generation which includes teachings that can be traced back to Lao Tzu.

#### **2. Stepping Stones for Spiritual Success**

This course covers many of the general principles of the Integral Way Taoist Tradition. The text, *Stepping Stones for Spiritual Success* (by Hua-Ching Ni), invites us to unbind our minds. Master Ni has taken the best of the traditional teachings and has put them into contemporary language. *Stepping Stones* is a collection of short quotes, each one a nugget to enjoy and ponder.

#### **3. The Key to Good Fortune**

In this course, the text *The Key to Good Fortune: Refining Your Spirit* (By Master Hua-Ching Ni) offers you a practical way to connect with the Divine Truth of your being. Not only does it help you to recognize your mistakes and misunderstandings about life, it helps you to understand the danger of negative influences so that you can be guided to appreciate the whole truth. Only the truth will vitalize your root or life essence, while false beliefs, merely polish the leaves of your life tree. The work also contains three important Taoist treatises taken from China's ancient spiritual heritage. These treatises clearly show you how spiritual improvement can become an integral part of your life in order that you may genuinely realize a Heavenly life on Earth.

#### **4. 8,000 Years of Wisdom, Book I** (Recorded from gatherings with Master Hua-Ching Ni)

The text for this course, *8,000 Years of Wisdom, Book I*, was faithfully recorded from weekly gatherings with Master Hua-Ching Ni over a five year period. These informed and sometimes amusing talks cover a broad spectrum of practical as well as philosophical guidelines for living a Taoist spiritual life in modern times.

#### **5. 8,000 Years of Wisdom, Book II** (Recorded from gatherings with Master Hua-Ching Ni)

This course is based on the book *8000 Years of Wisdom, Book II*, which is a compilation of short readings from the *Tao Teh Ching* followed by questions from the audience about dreams, marriage, sexual vitality and pregnancy, to which Master Ni responds with his teachings of the Integral Way Taoist Tradition.

## **6. The Golden Message** (Adapted by Drs. Daoshing and Maoshing Ni)

This course studies the summation of the teachings of Master Hua-Ching Ni by his sons, Drs. Daoshing and Maoshing Ni, in the book, *The Golden Message*. It helps the student understand the difference between the Integral Way Taoist Tradition and folk, religious Taoism. It also outlines the Self-Study Program and the various levels of study (Gold, Diamond, Crystal, Pearl, and Jade) of the Integral Way Tradition. It also discusses how to become a student, how to become a teacher; and how to become a follower of the Integral Way.

## **7. Attune Your Body with Dao-In** (By Master Hua-Ching Ni)

Self-cultivation is the central focus of the Integral Way Tradition. It involves not only intellectual study, but also practical movement arts to help refine one's energy. In this course, the student is introduced to the ancient Taoist practice of Dao-In – which is a series of exercises involving gentle movements combined with coordinated breathing. This art is practiced traditionally to achieve longevity and comes from the tradition of the Taoist immortals. The course texts include the book and DVD called *Attune Your Body with Dao-In* (by Master Hua-Ching Ni). Master Ni clearly and meticulously guides us through the Dao-In postures. These gentle movements can be done by almost anyone in almost any circumstance - gentle movements, meditative postures and massage nurture and invigorate personal energy.

## **8. Spiritual Messages From a Buffalo Rider** (By Master Hua-Ching Ni)

The buffalo rider has become a Taoist symbol of masters on their journey to awaken all people. In the course text, *Spiritual Messages From a Buffalo Rider*, Master Hua-Ching Ni discusses arts, achievement, fairies, balance, chi, freedom, strength, death, desire, meditation and dozens of other topics with his students around the world.

## **9. Introduction to the Integral Way Taoist Tradition** (COMING SOON!)

This course covers the history of Taoism and helps the student to understand the place of the Integral Way Tradition within that context. Both, the traditional teachings of the history of Taoism as well as the modern academic understanding will be covered. The student will learn the difference between philosophical and popular/folk/religious Taoism and understand the ancient stream of Taoism that the Integral Way Tradition preserves and passes on.



# College of Tao

## Associate of Divinity Degree in Integral Way Taoist Studies

### Program Application



*Please print.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Country: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: (home) \_\_\_\_\_ (fax) \_\_\_\_\_ (other daytime #) \_\_\_\_\_

E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ male \_\_\_\_\_ female

Do you have a high school diploma or GED? \_\_\_\_\_ yes \_\_\_\_\_ no

List any advanced degrees: \_\_\_\_\_  
\_\_\_\_\_

Are you currently certified as a CHI instructor? \_\_\_\_\_ yes \_\_\_\_\_ no

Are you a currently enrolled COT Taoist Mentor? \_\_\_\_\_ yes \_\_\_\_\_ no

Are you ordained as a Spiritual Coach of the Heavenly Way? \_\_\_\_\_ yes \_\_\_\_\_ no

Are you a member of the Sisters of the Heavenly Way? \_\_\_\_\_ yes \_\_\_\_\_ no

Are you certified in any aspect of InfiniChi? \_\_\_\_\_ yes \_\_\_\_\_ no

Are you certified as a PCL Life Coach? \_\_\_\_\_ yes \_\_\_\_\_ no

Please briefly state your main reason for applying for this program: \_\_\_\_\_  
\_\_\_\_\_

Upon completion of the AD degree program requirements, I would like my name to appear on my diploma as:

(print name) \_\_\_\_\_

The application fee of \$50 is payable in US dollars by a single check, money order, travelers check or bank draft to the "College of Tao." A "head and shoulder" photo of you is also required with this application.

I hereby certify that the foregoing information, and all enclosures, is true and correct. I agree to provide supporting documentation, if requested.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

*Send completed application, course enrollment form (both pages) and payment to:*

**College of Tao**  
13315 Washington Blvd  
Los Angeles, CA 90066



# College of Tao

## Integral Way Taoist Studies

### Course Enrollment Form



I would like to enroll in the following courses (check):

	<u>Cost</u>
<input type="checkbox"/> The Complete Works of Lao Tzu	\$75
<input type="checkbox"/> Stepping Stones to Spiritual Success	\$75
<input type="checkbox"/> The Key to Good Fortune	COMING SOON
<input type="checkbox"/> 8,000 Years of Wisdom, Book I	COMING SOON
<input type="checkbox"/> 8,000 Years of Wisdom, Book 2	COMING SOON
<input type="checkbox"/> The Golden Message	COMING SOON
<input type="checkbox"/> Attune Your Body with Dao-In	\$75
<input type="checkbox"/> Spiritual Messages from a Buffalo Rider	COMING SOON
<input type="checkbox"/> Introduction to Integral Way Taoist Tradition	COMING SOON

Total                    \$ \_\_\_\_\_

*Please print.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Country: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: (home) \_\_\_\_\_ (fax) \_\_\_\_\_ (other daytime #) \_\_\_\_\_

E-mail: \_\_\_\_\_

Are you currently certified as a CHI instructor?	_____ yes _____ no
Are you a currently enrolled COT Taoist Mentor?	_____ yes _____ no
Are you ordained as a Spiritual Coach of the Heavenly Way?	_____ yes _____ no
Are you a member of the Sisters of the Heavenly Way?	_____ yes _____ no
Are you certified in any aspect of InfiniChi?	_____ yes _____ no
Are you certified as a PCL Life Coach?	_____ yes _____ no

Course fees are payable in US dollars by a single check, money order, travelers check or bank draft to the "College of Tao."

*Send your course enrollment payment to:*

**College of Tao**  
**Divinity Degree Program**  
 13315 Washington Blvd  
 Los Angeles, CA 90066



## Instructions for Paying with PayPal



You may now pay for your AD degree program application fee and courses with your credit card using our PayPal “Donate” button on the Welcome Page of the COT website. Just click on the “Donate” button and on the first page fill in the information and indicate the total amount. Then, on the next page, click “Add Special Instructions for the Seller.” This allows you to write us a message. In your message, tell us what the amount of your donation is for. For example, say

“My \$250 donation includes \$50 for the application fee, \$75 for the “Complete Works of Lao Tzu” course, and \$75 for the “Stepping Stones for Spiritual Success” course.”

Then, don’t forget to send/email us your completed application and/or course enrollment forms! That’s it! The process is fairly simple and easy to do!