



SIX STEPS TO CERTIFICATION

- **Become a Certified Instructor!** -

The **CHI Health Institute** is the official non-profit organization that certifies the following Ni Family movement arts:

1. Dao-In (Chinese “Yoga”), Levels 1 - 3
2. Eight Treasures, Levels 1 – 3
3. Harmony Tai Chi, Levels 1 – 6
4. Tai Chi Straight Sword Level 1 (Short Form) & Level 2 (Long Form)
5. Crane Style Qigong
6. Self-Healing Qigong
7. Cosmic Tour Bagua Levels 1 – 9
8. Taoist Meditation, Level 1

If you are interested in becoming a Certified Instructor in one or more of the Ni Family movements, just follow these six easy steps under the guidance of a Senior Instructor:

1. **Learn the form**

- by taking classes, workshops, intensives, and/or privates

2. **Refine the form** (& practice the form for a minimum of 1 year)

- by taking classes, workshops, intensives, and/or privates

3. **Take the required CHI-Approved Instructor Training Intensive**

- offered by a Senior Instructor (\$75 fee; payable to Senior Instructor)
- upon passing, Senior Instructor sends a confirmation letter to CHI

4. **Pass the practical exam**

- offered by a Senior Instructor (\$50; payable to Senior Instructor)
- upon passing the exam, Senior Instructor sends a confirmation letter to CHI

5. **Pass the “Introduction to Taoist Self-Cultivation Course, Part I”** (implemented Feb, 2011)

- administered by CHI at no extra cost (for more info, contact COT Administrator, see below)

6. **Complete the application & pay fees**

- application should be downloaded from the CHI website (www.chihealth.org)
- application fee (\$50, payable to CHI)
- 1st year certification fee (\$6 - \$75; prorated by month)

CONTACT INFORMATION: For further information regarding teaching certification, please email the COT Administrator at contact@collegeoftao.com. Also, visit www.collegeoftao.com/Chi_Health_Institute_TB4D.html.